

Bad Appliance Habits Cost NSW Households \$300m

Bad habits with household appliances could be adding \$300 million to New South Wales electricity bills each year and pushing up greenhouse gas emissions by 2.5 million tonnes, new EnergyAustralia research has found. EnergyAustralia's research showed that: 87 per cent of households rinse their dishes before putting them in the dishwasher – of these 44 per cent rinse them in hot water; more than a quarter of all households run the dishwasher before it is full; 22 per cent leave the fridge door open to unload shopping; people under 30 are more likely to leave the fridge door open while they make a sandwich or breakfast compared to seven per cent of people aged over 60; 82 per cent of households with air conditioners are over heating their homes in winter by setting the thermostat too high; 65 per cent of households turn off their television with the remote rather than at the switch; and, 29 per cent of households have a second fridge plugged in that is rarely used. "By using appliances efficiently the average household can save up to \$120 a year on their electricity bill and cut their carbon emissions by almost one tonne," says EnergyAustralia energy efficiency expert Paul Myors. "This survey shows that families can easily become more energy efficient by making small changes to their behaviour."

[Source essa news]